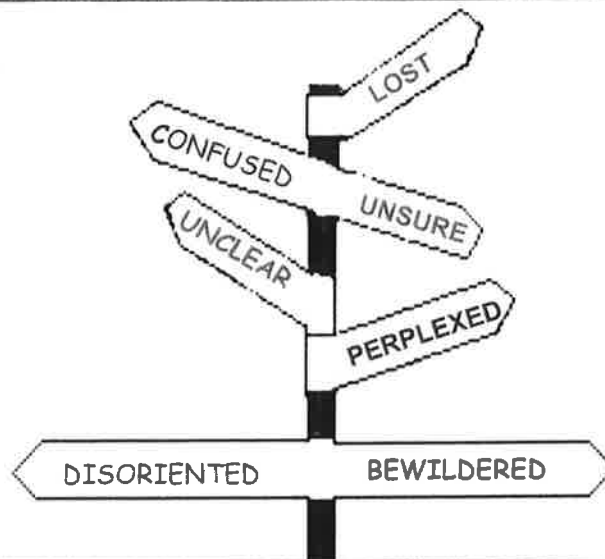


# PARENT SURGERY

A FREE SERVICE  
FOR HAVERING  
PARENTS AND  
CARERS



A FREE SERVICE  
FOR HAVERING  
PARENTS AND  
CARERS

**Parenting can be a complex business,  
from pre-school through to mid / late teens.  
The reality is that we manage.**

**However,  
sometimes we could all do with a little  
advice and support surrounding our  
children's behaviour.**

**Every Thursday**  
St Kilda Children's Centre  
90 Eastern Road  
Romford  
RM1 3QA

**Every other Monday**  
Ingrebourne Children's Centre  
Ashbourne Road  
Harold Hill, Romford  
RM3 7YT

To arrange a FREE hourly APPOINTMENT from 1pm to 7pm  
Please call

**Annette Duncombe**  
Parenting Worker  
Telephone: 01708 431523  
Mobile: 07814992319

or

**Kelly Nash**  
Parenting Worker  
Telephone: 01708 434786  
Mobile: 07812734470

[annette.duncombe@havering.gov.uk](mailto:annette.duncombe@havering.gov.uk) [kelly.nash@havering.gov.uk](mailto:kelly.nash@havering.gov.uk)