



# What to do if Your Child Shows Symptoms of COVID-19

If your child falls ill at school, you will be contacted to collect them.

## COVID-19 SYMPTOMS

If your child develops any of the 3 following symptoms, whether at school or at home, **your child must self-isolate for 7 days and you must arrange a test for your child.**

- a new persistent cough
- loss of taste or smell
- a high temperature

## NON COVID-19 SYMPTOMS

**If your child does not have any of the COVID-19 symptoms but does;**

- Feel unwell but has a temperature of less than 37.8c,
- Vomit or has diarrhoea,
- Have a sore throat,
- Have a loss of appetite,
- Have a rash,
- Have fatigue / aches,
- or have any other general illnesses or is feeling unwell....

you are advised to monitor the child closely.

**If any of the 3 main COVID-19 symptoms develop you must follow the government guidance on self-isolation and arrange a test for your child.**

**The school will contact you after 48 hours to check if your child has been COVID-19 symptom free.**

**If your child does not develop one of the 3 main COVID-19 symptoms, they can return to school 48 hours after the initial symptoms occurred.**

## TESTING

All children and members of their households in England have access to testing if they display symptoms of coronavirus, including children under 5. A positive test will ensure rapid action to protect other children and staff in their setting.

Tests can be accessed through the [NHS website](#) or by calling 119.

**Urgent advice: Use the 111 online coronavirus service if you have any of:**

- high temperature
- new, continuous cough
- loss or change to your sense of smell or taste

## TEST AND TRACE

Anyone who tests positive for coronavirus will be contacted by NHS Test and Trace and will need to share information about their recent interactions. This could include household members, people with whom they have been in direct contact, or within 2 metres for more than 15 minutes.

People identified as having been in close contact with someone who has a positive test must stay at home for 14 days, even if they do not have symptoms, to stop unknowingly spreading the virus. Further information about [Test and Trace is available here](#).

**If those in isolation develop symptoms, they can [book a test on the NHS website](#) or by calling 119.**

If they test positive, they must continue to stay at home for 7 days or until their symptoms have passed. If they test negative, they must complete the 14-day isolation period. Members of their household will not have to stay at home unless the person identified becomes symptomatic, at which point they must also self-isolate for 14 days to avoid unknowingly spreading the virus.

If you need medical advice about your symptoms visit the [NHS 111 online coronavirus service](#) or call 111.