



PSHE Curriculum Intent statement

“Be who you are and say what you feel, because those who mind don’t matter and those who matter don’t mind.”

Dr. Seuss

What is the intention of our PSHE curriculum?

What are our aims?

School is much more than just academia – at Whybridge, we want to create independent, healthy and responsible global citizens.

We aim to assist children in having healthy relationships with those around them – as well as themselves - and to feel safe to explore the complexities found in a range of values, attitudes, beliefs, rights and responsibilities in a safe and respectful fashion. Having this respect for others, as well as ourselves, translates into a school which is well behaved, kind and with a conducive attitude to learning, the trials and tribulations of secondary school and, indeed, life.

What is our rationale?

We want pupils to be able to speak freely in a safe environment through which to unpick issues which effect themselves and others. Through lots of classroom discussion - asking questions of one another and learning to respond appropriately in a respectful fashion, we are preparing the children to become good citizens.

What are the attitudes we want to foster?

- To develop positive and healthy attitudes, not only to each other, but also ourselves.
- To help build children’s resilience and provide them with the tools to deal with their own problems in their own lives.
- To encourage open-mindedness, discussion and exposure to each other and the world around them.
- Giving children time to reflect upon their own lives, as well as those more unfortunate than ourselves.

How will we implement our PSHE curriculum?

Our curriculum focuses on three core themes: health and wellbeing, relationships and living the wider world, the sum of which covers a wider range of PSHE, British Values and SMSC topics. Teachers, wherever possible, make links to the wider curriculum to reinforce and embed these values and terminologies, using classroom displays to reinforce on a daily basis.

Whybridge has regular assemblies – whole school and class based - on a variety of themes and participates in many charitable events over the course of the calendar year to expose and create empathy for issues and challenges in life. We subscribe to Picture News, which is an excellent way

to keep up to date with current affairs and provides a starting part with sometimes controversial statements, in order to spark respectful and challenging debates.

We record our PSHEE journey with different forms of evidence by keeping a class scrapbook of our thoughts and discoveries. These books follow the children through their school life to reflect back upon their personal development through school.

PSHEE LONG TERM MAP

	Autumn	Spring	Summer
Year 3	Health and Wellbeing - Safety Living in the Wider World – Rules and Responsibilities Health and Wellbeing – Emotions Living in the Wider World – Economic Awareness	Health and Wellbeing – Nutrition and Food Health and Wellbeing – Health Health and Wellbeing – Healthy Lifestyles	Health and Wellbeing – Changing and Growing Health and Wellbeing – First Aid Relationships – Similarities and Differences
Year 4	Relationships - Bullying Health and Wellbeing – Emotions Relationships – Healthy Relationships	Relationships – Communication Relationships - Collaboration Living in the Wider World - Diversity	Health and Wellbeing - Aspirations Relationships - Collaboration Living in the Wider World - Discrimination
Year 5	Living in the Wider World – Rights and Responsibilities Health and Wellbeing – Emotions Living in the Wider World - Diversity	Health and Wellbeing – Nutrition Health and Wellbeing – Safety Health and Wellbeing - Health Relationships - Communication	Health and Wellbeing – Nutrition and Food Relationships - Collaboration
Year 6	Health and Wellbeing - Aspirations Relationships – Similarities and Differences	Health and Wellbeing - Health Relationships – Healthy Relationships	Living in the Wider World – Economic Awareness Living in the Wider World - Enterprise

How will we judge the impact of our PSHE curriculum?

The result of our approach is by using and applying British Values, not in isolation, but within the Wider Curriculum, we create children who are respectful and mindful of the differences of others. Children at Whybridge feel comfortable and safe in school; this enables the freedom to develop and embed the thinking and the skills required to live a fulfilled, balanced and consequently, happy life.